



## Self-Defense AR Carbine

Self-Defense AR Carbine introduces the skills to safely handle an AR-15 carbine/rifle, fundamentals of rifle shooting for self-defense, effective weapon manipulation and dynamic shooting platforms. The course is approximately 8 hours, and the cost is \$160 per person.

### Training topics:

- Weapon and range safety
- Carbine/rifle terminology
- Rifle shooting fundamentals for self-defense
- Weapon manipulation including loading, reloading and malfunctions
- Spatial awareness
- Dynamic shooting positions
- Shooting drills including target transitions

### Needed equipment:

- Three magazines
- 200 rounds
- Spare magazine holder
- Hat, eye and ear protection
- One- or two-point sling
- 50 yard zero for your electronic optic and/or iron sights
- Charging handle with an extended latch handle
- Refreshments and water

**Hoosier State Training LLC** provides self-defense training and firearm instruction for individuals and groups including businesses and church security ministries. The training encompasses safe, effective use of a handgun, rifle and shotgun for first-time firearm owners and experienced shooters alike. Training can be provided at the customer's facility or at a designated Hoosier State Training range. Dan Burch, owner and lead instructor of HST LLC, started his law enforcement career in 2004 and became a certified law enforcement firearm instructor in 2012. He has been providing self-defense training solutions to individuals, businesses and church security ministries since 2008. Dan is active with the security ministry at his church and assists other churches with establishing their security ministries. Contact Hoosier State Training LLC to schedule a group or individual training event or check out [www.HoosierStateTraining.com](http://www.HoosierStateTraining.com) to sign up for an open-enrollment training event.